

## Molly's Tomato Sauce

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Recipe By:

Serving Size: 8

### Ingredients:

1 cup onion, chopped  
1 cup green peppers, chopped  
8 oz. baby bella mushrooms, sliced  
2 Tablespoons olive oil  
1 tsp. salt  
1 tsp. pepper  
6 cloves garlic  
2 tablespoons italian seasoning  
56 ounces crushed peeled tomatoes  
56 ounces whole peeled tomatoes  
6 ounces tomato paste

### Directions:

1. heat olive oil in a large pot
2. add garlic and heat until starting to brown
3. add italian seasonings, peppers, onions, and mushrooms and heat until mushrooms are clear - about 5 minutes
4. add cans of crushed tomatoes
5. add cans of whole tomatoes, squishing them with your hands as you add them
6. add tomato paste
7. heat at a simmer for at least an hour, but up to 2 or 3. stir every 30 minutes or so.

Servings 10

Calories: 149

Total Fat: 3 g

Fiber: 6 g

Protein: 5 g