

COLD VEGGIE MUFFIN PIZZAS

2 Shitake Mushrooms
1 Whole Wheat English Muffin
2 slices of Tomato
2 tbsp Hummus
½ Roasted red pepper, sliced

Toast English muffins, then spread 1 tbsp of hummus on each slice. Top each with a slice of tomato, ¼ roasted red pepper slices, and 1 sliced shiitake mushroom.